



Karlstad University's Proposals for STINT Work Package ECR: Shorter-term mobility for PhD students and Early Career Researchers

Karlstad University (KaU) is set to participate in the STINT Work Package ECR: Longer-term mobility for PhD students and Early Career Researchers. This is an opportunity for KaU to send out candidates for a longer-term mobility to Japan. This opens the opportunity to further strength our joint research and education endeavours. KAU plans to send two ECR to Japan in connection to the Research & Innovation Week in Japan (December 8-11, 2026).

Outgoing mobility from KaU

Eligible candidates at KaU:

- Early career researchers are defined as those currently registered as doctoral students, or who have obtained their doctoral degrees in **2021** or later
- The duration of stay should be 1 month (not shorter nor longer). The grant amount is calculated on the 1-month duration. During the ECR period, the candidate shall attend the Research & Innovation Week in Japan.

Calculation of costs:

- Air travel round-trip - max SEK 22 500
- Privat accommodation – max SEK 8700/month
- Local travel cost and hotel in Fukuoka (max 6 nights) – max SEK 10000
- Additional costs according to URA-agreement ca SEK 4 177 /month

Total maximum amount: SEK **45 377**

(Total amount for outgoing mobility financing 90 754 kr)

Conditions:

- The KaU candidate should be employed by KaU during the whole duration of the stay in Japan
- The KaU candidate should continue to receive their salary (without any deductions) from KaU during the whole duration of the stay in Japan



- Upon completion of their stay in Japan, the KaU candidate should return home to Sweden. If the KaU candidate submits a travel report in Primula after their arrival home, they should choose “no subsistence allowance” (“ej traktamente”) in Primula. The monthly URA allowance provided replaces any subsistence allowance for the trip.
- The KaU candidate should not receive any other form of external financing (e.g., JSPS) for the duration of their trip to Japan (for which they have been granted the funds).
- The host university is to waive any administrative fees associated with the visit, and should, where possible, assist with housing. It is also expected that the Japanese host university is to provide a workspace on their premises, access cards/keys.

Selection criteria:

- **Relevance of the proposed mobility to applicant’s current work.** Connection with the thesis topic (if a PhD student) or current research topic (if an ECR).
- **Career impact.** How the experience of the mobility would enhance the future employability/widen the career options of the applicant.
- **Feasibility and appropriateness** of the proposed activities for the length of mobility and the environment in which the applicant would be placed. In particular, the feasibility of incorporating activities into the existing PhD work plan (for doctoral students).

Selection Process:

- An internal KaU deadline will be announced and communicated through the staff responsible for internationalisation at each Department; through the Grants and Innovation Office (GIO) newsletter; and through the internal KaU MIRAI group.
- An application form, together with the candidate’s CV and motivation letter, should be submitted
- All applications will be assessed by the internal group for MIRAI at KaU, composed of senior researchers as well as GIO and International Office staff. A short list will be recommended to the MIRAI steering committee for their final decision. All other factors being equal, focus will be placed on the gender balance of the selected cohort. In the selection, it is important that not all selected candidates travel to the same MIRAI partner; it is also preferable that the four chosen KaU candidates target different GCTs.