The voices of three media and communication students:

"Life in Madrid is absolutely fantastic, there's always something new happening and the atmosphere is friendly and lively. At present I'm a Master student in IT Management at Chalmers and work as a marketing consultant. I learned a lot in Madrid, above all how important it is to understand other cultures when it comes to work and collaboration. I strongly recommend you to go – I promise you will not regret it!"

Jonas Gille went to Madrid and Universidad Rey Juan Carlos in 2014 to study Corporate Sociology, Marketing Research etc.

"My belief is that if I stand on the same spot, I'll get nowhere. So I chose to cross the Atlantic to study in Canada for a semester – a decision I don't regret for a second. I've always liked to learn new things and I constantly look for new experiences. Each new place and each new acquaintance on this journey has developed and inspired me to become a better version of myself."

Emma Nilsson went to Ryers in Toronto, Canada in the autumn of 2015 to study visual design.

"I did a Minor Field Study in Zambia, investigating how Youth Vision Zambia used mobile phones for sex education, a taboo subject. The global aspect appealed to me and the adventure! Not a day goes by without me thinking appreciatively of the people I met who taught me something new. I was received with open arms and the only advice I can give is dare to go, dare to ask questions and participate – that's how memories for life are created. My employers' reactions when I've told them about my trip have also been a positive experience."

Sol Agin went to Lusaka in Zambia in 2013. She is now a doctoral student at the Department of Geography, Media and Communication at Karlstad University.